Promise Yourself

To be so strong that nothing can disturb your peace of mind.
To talk health, happiness and prosperity to every person you meet.
To make all your friends feel that there is something in them.
To look at the sunny side of everything and make your optimism come true.
To think only of the best, to work only for the best and to expect only the best.
To be just as enthusiastic about the success of others as you are about your own.
To forget the mistakes of the past and press on to the greater achievements of the future.
To wear a cheerful countenance at all times and give every living creature you meet a smile.
To give so much time to the improvement of yourself that you have no time to criticize others.
To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

Our Positive Outlook

Our upbeat outlook, and our commitment to creating a more optimistic future for kids is what differentiates Optimist Clubs from any other volunteer opportunity.
Communities in the United States, Canada, the nations of the Caribbean and other countries throughout the world have been touched by the powerful, positive force of Optimist Club Members.
From sponsoring youth athletic leagues, to weatherizing the homes of the elderly, to conducting oratorical contests for young people – Optimist Clubs are responding to the special needs of our local communities.
Although we come from all walks of life, Optimist Club Members share one common trait. We know that we can make a difference in the lives of others.

Optimist Club Members Receive as Much as They Give

• The fellowship of proactive people with optimistic mindsets
• New social and working relationships with individuals from a cross section of our communities
• The opportunity to develop and demonstrate leadership skills locally, regionally, nationally and internationally
• The satisfaction of making a difference in our communities

Whether you are searching for an outlet to help your community, personal development, or rewarding camaraderie, you’ll find what you’re looking for in your local Optimist Club. Joiners become more tolerant and empathetic to the needs of their community.

Just a Few of the Many Projects Conducted By Optimist Clubs

• Service work to families in need
• Working directly with local schools to enhance education
• Tutoring and mentoring young people
• Substance abuse prevention programs
• Coaching youth sports teams
• Fundraising to benefit families in need
• Assisting disaster victims

OPTIMISTS BRINGING OUT THE BEST

Optimist International
What Should I Expect?
Every Optimist Club was formed by people who wanted to reach out to help youth and the community; people like you and me. Members of an Optimist Club usually live in or work in the community. Members have joined together to serve others and to promote Optimism as a way of life.

Each Optimist Club is chartered as a Member of Optimist International. This gives the Club the right to use the Optimist name and provides each Club with services and programs offered by Optimist International.

Each Optimist Club operates autonomously. This means they operate independently of each other. They choose their own activities, elect their own officers and raise their own funds. A Club’s service activities are based on the needs of the community. What a Club can do is limited only by the imagination and resources of the Members.

Optimist Clubs do share certain similarities. This offers you, the Member, the assurance of knowing wherever you are, should you wish to visit another Club. They choose their own activities, elect their own officers and raise their own funds. A Club’s service activities are based on the needs of the community. What a Club can do is limited only by the imagination and resources of the Members.

Optimist Programs and Community Projects

**Childhood Cancer Campaign**
Through this unique program, Optimists are building awareness of the disease that kills more children than any other in North America. Members are focused on providing care and support to these children and their families, while raising funds for research to find a cure. Learn how you can play a role in this worthwhile effort.

**Junior Optimist International**
Young people have the opportunity to learn the importance of volunteerism, teamwork, communication, self-esteem and citizenship through the Junior Optimist International program. As a result, youth report feeling an improved sense of kindness and an increased awareness for those in need. Start a Junior Optimist Club today!

**Optimist Junior Golf**
As one of junior golf’s most prestigious events, the Optimist International Junior Golf Championships provide an unique opportunity for junior golfers from around the globe. Every year, thousands of golfers ages 10 to 18 compete in local Optimist qualifying tournaments with top finishers advancing to The Optimist.

**Optimist Scholarship Contests**
**Essay** – This contest gives young people the opportunity to express their views and opinions regarding the world in which they live. Optimist International awards each District contest winner a scholarship to be used for higher education.

**Oratorical** – As Optimist International’s oldest program, this contest invites young people to gain experience in public speaking. District winners receive scholarships for advanced education, funded by the Optimist International Foundation.

**Communication Contest for the Deaf and Hard-of-Hearing (CCDHH)**
The CCDHH contest provides an opportunity for young people who are deaf and hard-of-hearing to communicate in a public forum while developing valuable skills and confidence. The Optimist International Foundation annually fund a scholarship for each participating Optimist District.

**Tri-Star Sports**
This activity offers opportunities to promote self-confidence and physical fitness through fun competition. It can be sponsored by Clubs of all sizes. Since there is no physical contact or advanced skill required, it is the ideal activity for every child, including those with disabilities.

**Youth Appreciation**
Build students’ self-esteem by recognizing their talents in the arts, athletics, academics or their contributions to the community. Recognize youth who have made a change for the better in their lives or overcome a hardship.

**Youth Safety**
Keeping children safe has been an important part of Optimist programs for many years. Members sponsor a wide range of activities, including teaching youth about important safety issues that they encounter every day, such as traveling in a car or on the school bus. Optimist events, such as a bicycle rodeo can make learning safety skills fun for everyone involved.

What committees interest you most? Check all that apply:

- **New Club Building**: Conducts all activities involved in sponsoring a new Optimist Club.
- **Program**: Develops and executes plans to provide interesting programs and activities in all aspects of the Club.
- **Fellowship**: Stimulates attendance, greets members and guests. Promotes fellowship beyond Club and community.
- **Promotions**: Promotes the activities of the Club and the Optimist Movement.
- **Community Service**: Conducts all activities involving service to the community.
- **Youth Appreciation**: Conducts all activities involving youth appreciation.
- **Youth Safety**: Conducts all activities involving youth safety.
- **About You**: What projects, programs, and activities would you like the Club to consider?