



Optimist INTERNATIONAL

Club Name:

Club Fitness Assessment

ITEM	SCORE RANGE	SCORE
How many Members in the Club?	< 10 = 4, 10 – 19 = 1, 20 or more = 0	
When was the last time a new Member was added?	>3 YRS = 3, < 2 YRS = 1, < 1 YR = 0	
When was the last time a Member was dropped?	>3 YRS = 3, < 2 YRS = 1, < 1 YRS = 0	
How many consecutive years has the current President been president?	>2 YRS = 3, 2 YRS = 1, <1 YRS = 0	
What percentage of the Members attend the regular meetings?	< 25% = 3, 25% - 40% = 1, >40% = 0	
Does the Club have an annual membership recruitment event?	No = 4, Yes = 0	
Does the Club do at least three youth/community programs each year?	No = 1, Yes = 0	
Does the Club have annual fundraisers to meet the needs of the service programs?	No = 1, Yes = 0	
Does the Club pay their Optimist International and District dues on schedule?	No = 1, Yes = 0	
Does your Club have a monthly communication out to your membership?	No = 1, Yes = 0	
Did your Club reach Honor Status last year?	No = 1, Yes = 0	
Total Club Score		

Score Results:

0 to 4

Club may be fit (but still room to improve)

5 – 8

Yellow Flag (Look for opportunities to help Club)

9 or more

Red Flag (Club needs immediate help)