

# 2012 JOOI Milwaukee Convention Workshops

## Tuesday, July 10<sup>th</sup>

8:30am - 9:30am

### **“Efficiency is the Key to Success”** *presented by Mary Morall (MacArthur, 4)*

In life we are given deadlines. It can be your mother telling you to clean the house before she gets home, or your college professor giving you an assignment due in three weeks. Every day we do multiple things throughout the day, some are planned some are not; by coming to this workshop you will learn how to better manage your time and priorities. Putting certain things first allows you to reach your true potential!

### **“Natural Leader”** *presented by A.J. Cifuentes (Crystal Ballroom, 5)*

Have you ever thought about reversing that? From Winston Churchill to George Washington to Teachers and Coaches, people have stood behind their leaders even when the odds were against them. Why? Because leaders are the visionaries and trail blazers who inspire us to be all that we can be. Come in, and let's bring out the Natural Leader in you.

### **“Yoga for Leaders (English and French)”** *presented by Kayleigh White and Marie-Claude Bourgeois (Wright A, 4)*

Come in your comfy clothes and stretch out and learn some yoga, while learning what this ancient art can do for your body, as well as your leadership skills. There's a lot to be said for learning by doing, but you actually have to know what to do first. Good leaders create the time and space for learning and as with yoga, repetition leads to competence. No previous experience with yoga required.

### **“District Chair/Advisor Training (Advisors)”** *presented by Don Brose (Walker, 4)*

As District and Club Advisors, we experience the joy of working with our youth every day. Often it inspires us, yet there are challenges as well. In this workshop Committee Chair Don Brose will share some of his almost 20 years of experience as a JOOI Advisor. He'll share ideas about adult-youth relationships, district and club JOOI growth, and simply making the JOOI experience an even better one for our students and ourselves.



# Tuesday, July 10<sup>th</sup>

9:45am - 10:45am

**“When the Going Gets Tough”** presented by Cordane Richardson (Mitchell, 4)

Everyone sets goals. They may be short term goals, like getting all A's on your next report card, or long term goals, like becoming the President of the United States. 'Goal-Setting' is an important step towards achieving success, and although there may be challenges along the way, giving up is NOT an option. This workshop will present realistically challenging situations that teenagers usually have to overcome as they try to accomplish their goals, and, together, we will all solve them in a fun and interactive way.

**“College Prep”** presented by Marissa Forzisi (Walker, 4)

There's no secrets when it comes to successfully applying for college but there are certainly some 'TO DO's' that you want to know about. Come and learn what it's like to apply and the test you may have to take. Do you want to know what's important to put on the application and/or how to write the essays? Knowing how to get help and figuring out how to send a good application is the bottom line and the key to receiving your letter of ACCEPTANCE.

**“Social Media for Dummies (Advisors)”** presented by A.J. Cifuentes (Crystal Ballroom, 5)

Do you consider yourself technologically impaired or out of the loop when it comes to Social Networking? What better way than to come to AJ's class on “Social Media for Dummies!” In this class we will learn how to create a Twitter, Facebook and LinkedIn account, along with how to use the websites and also how to set your privacy settings the way you desire them.

**“District Officer/Club Training (French)”**

presented by Marie Claude Bourgeois (Wright A, 4)

You have already been, you'll be or you'd simply like to be a club or district officer someday? This training is for you! Hear guidelines from experienced people or simply come and share your own experience with others! Come back home with leadership tricks and news ideas for your club! Don't miss this interactive session!

